



Marc Gassert

Marc Gassert is „the blonde Shaolin“. He is a communication scientist, speaker and martial arts master. He spent much of his life in different cultures on various continents and learnt from renowned grandmasters the Asian martial arts of karate, taekwondo and kung fu. In Munich and Tokyo he studied communication science, intercultural communication and Japanese studies. These days, Marc Gassert is regarded as the expert in self-discipline. In his lively lectures, he portrays a clear view of Asian wisdom: full of inspiration, profound, exciting and rich in images. Inspires audiences with the story of her rise in business, from an immigrant new to Germany to a successful entrepreneur.

"Discipline cannot be bought – but it pays off"

Themes

› DISCIPLINE – It's not the starting that's rewarded, but your perseverance

- How to learn self-discipline using the Shaolin method
- Why discipline works like a muscle – and how you develop it
- How to meet your goals in the long term with fun, joy and serenity

› Balance – Keeping everything in balance requires changing a lot

- Energy – how to quick-charge your own battery
- Balance – get to know the area of conflict between making an effort and letting go
- Resilience – how to strengthen your mental resilience

References & Press

ABB Deutschland, ADAC, Allianz, Audi AG, Bayer AG, Commerzbank, Dentsply Implants Manufacturing GmbH, Dimension Data, Deutsche Bank, IFG, Ingentis Softwareentwicklung GmbH, JP Morgan, MADAME Verlag, Mercedes-Benz, Microsoft, MUNICH RE, Patek Philippe, Pepsico, Porsche AG, ROCHE, SAP SE, Siemens AG, Signal Iduna Gruppe, Sparkasse, UBS Group AG, Volksbanken, West LB, Wüstenrot, Zeppelin Rental GmbH & Co. KG and a lot more.

"There are many speakers and Mr Gassert is one of the best. With his energy, verbal wit but also profound way, he inspired our participants like no other. It's the mixture of his performances and in a few seconds you can feel how a hall with 1,400 people is transformed into a field of energy. Anyone who hasn't heard or experienced him has missed something in their life. His incitements remain in our memory and enrich our lives."

Jochem Kehl, INLINE Unternehmensberatung

"Marc Gassert gave our employees lasting inspiration and moved them with his talk. His energy, motivation and charisma impressed us all, especially me personally. He was an absolute asset to our event and I can fully recommend his presentation."

Herbert Bockers, Board Member, Dimension Data

"With his youthful appearance, his large amount of qi (energy) and his very profound rhetoric style, he can captivate an audience in a way that not many can. Even with 700 people, everyone felt that he'd addressed them personally. I can warmly recommend him as a keynote speaker and have one more piece of advice: put Mr Gassert at the end of the event – otherwise the speakers after him will have a hard time trying to match him."

Wilhelm Hakim, IFG Internationale Fortbildung GmbH

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Fees / Travel costs / Languages

Keynote speech

Category E

Daily rate

Category E

Travel costs

Munich

Languages



Live-Booking



Media

